



# Wear your Wellbeing

This Wellbeing Day take time out to  
Wear your Wellbeing.

Wear the colour that reflects your mood, pop on your PJs or keep your comfy yoga pants on to show how you like to take time out for you and donate £2 to Kids Inspire.

Date & Time:

Location:

Please donate to our  
fundraising page:

#WellbeingDayKI

[www.kidsinspire.org.uk](http://www.kidsinspire.org.uk)

