



How does Kids Inspire offer support?

Information for the school

Kids Inspire works with children, young people and their families recovering from traumatic experiences or dealing with emerging mental health difficulties

Each case is assessed individually to create a bespoke care plan - often inclusive of support for the wider family unit

The process

As a school, you want to contact us about emotional and mental health support services available from Kids Inspire. Here is the process to accessing our services:

In consultation with the school, we will review the criteria about the child or young person

School to seek parental consent to proceed

Submit referral form*

Kids Inspire will contact parents directly

Screening** against criteria

Parent assessment

Treatment Plan written

*Available from Kids Inspire Clinical Admin Team

**If support services available meet the needs of the child or young person at the centre then support will be offered.



www.kidsinspire.org.uk

Kids Inspire's support services

Individual therapy* Family therapy Coaching
Mentoring Parenting & family support Group work

*Expressive arts (art, drama or play) is more suited to younger clients

Family commitment

- Attendance to every allocated session, and to provide 48 hours notice to cancel
- Time to explore physical & mental needs
- Parenting support to manage & understand behaviours
- Self-reflection

Kids inspire commitment:

- To share any safeguarding concerns with school
- Confidentiality to the client
To ensure the treatment plan meets the needs of individuals

School commitment:

- To provide a safe confidential space
 - Respect and understanding of the therapeutic process
 - including confidentiality for the pupil
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A family inclusive approach ensures the most sustainable outcome for the child at the centre of each case.

Once a referral has been made the journey of the family unit with Kids Inspire has begun

Timescales can vary depending on all parties involved and availability

For further information please contact clinicaladmin@kidsinspire.org.uk
or call **01245 348707**

