

Volunteers



Mentoring: Give back to a local child

A chance to use your own life experience in order to make a difference to young people's lives, as well as gaining both personal and professional development, meeting like-minded people.

Our volunteer mentoring program guides children and young people by building trust, modelling positive behaviour and having fun.

You will receive full training to gain the skills needed including:

- Active listening and responding skills
- Safe and ethical mentoring practice
- Meeting other mentors and hearing about their experiences

This project supports young people aged 8-18 who are struggling with:

- Friendship difficulties
- Bullying
- Anxiety
- A busy family environment
- Parental separation

Mentoring opportunities are available for anyone aged 19 and above, and Peer Mentoring opportunities are available for anyone aged 16-18.

If you can commit to offering an hour per week, please contact our Clinical Admin team on 01245 348707 or email clinicaladmin@kidsinspire.org.uk.

Please note all mentors are subject to DBS checks and positive references.

